



**Reasonable
adjustments:**

**Tell us how to
help you**

**If you are supporting someone to fill in this
form, please go to page 9.**

Reasonable Adjustments



Some autistic people and people with a learning disability find it hard to use health services. For example, seeing a GP or going to hospital.



The law says that health services must make changes so everyone can use their services.

These changes are called **reasonable adjustments**.

Some examples of reasonable adjustments are



- having a longer appointment
- getting easy read information
- bringing someone with you to appointments



Use this form to tell us about the changes you need. This helps us to make health services easier for you.



A Reasonable Adjustments Flag can go on your health record. It tells NHS staff about any changes you need.

☐

yes - I want a flag on my record

☐

no - I do not want a flag on my record

If you ticked **no** you do not need to fill in the rest of this form.



If you ticked **Yes**, please answer the rest of the questions.



We can add information about why you need the changes.

For example:

- autism
- learning disability
- epilepsy
- physical disability

Would you like this information to be added?

☐

yes

☐

no

Your name:

Your date of birth:

Your NHS number:



My reasonable adjustments



Tick the box next to the changes that would help you.

☐

longer appointment time

☐

appointments at a quiet time of day

☐

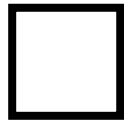
a quiet place to wait

☐

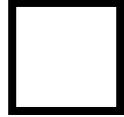
short waiting time

☐

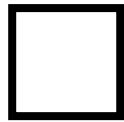
help to check in for my appointment



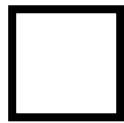
ramps, lifts, or wider doors



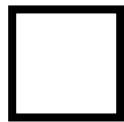
appointments on the ground floor



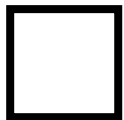
a hoist to move from my wheelchair



easy read information

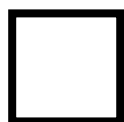


large print information



information in another language

Which language?



a phone call to remind me about my appointment



☐ text message to remind me about my appointment.

☐ support from a carer or family member



☐ see a male member of staff

☐ see a female member of staff



☐ show me the equipment that might be used, before my treatment

☐ time to think and ask questions



☐ a summary of what happened at my appointment, written in a way that I can understand.

I need help with something that is not in this list. Please write what you need in the box:

A large, empty rectangular box with a black border, intended for the user to write their request. The box is light blue and occupies the upper right portion of the page.

Please give this form to your GP surgery.



You can:

- print it out and give it in person
- send it by post.
- email it.

We will try hard to make the changes for you. We might not be able to make all of them.

Supporting people to decide



The person I am supporting understands the questions in this form and is able to answer them:

☐

yes

☐

no



If you ticked **no**, talk to other people who know the person well. Agree what is best for the person – we call this **best interests**.

I have spoken to:
(names, roles)

Adding a flag to their records is:

☐

in the person's best interests

☐

not in their best interests